Karin grew up on a mixed farm near Keoma, AB, raising purebred Simmental cattle and grain, and is still involved in the family operation to a limited extent. She has a Master's Degree in Agriculture from the University of Alberta, and her thesis focused on the genetic and metabolic factors affecting feed efficiency in beef cattle. Before joining Alberta Beef Producers (ABP) in 2011, Karin spent just over four years with the Canadian Hereford Association as their Breed Development Coordinator.

At ABP, Karin is the Beef Production & Extension Lead, providing technical support in the areas of cattle health and welfare, research, and production practices. She works very closely with several industry and government organizations on issues of importance to the industry, and large part of her job is translating science to producers and explaining producer needs to researchers and other stakeholders.